

Recommended Reading

A BirthNet Fact Sheet

BOOKS FOR EXPECTANT PARENTS:

Ina May's Guide to Childbirth by Ina May Gaskin. Bantam Books, 2003.

Having a Baby Naturally by Peggy O'Mara. Atria Books, 2003.

The Thinking Woman's Guide to a Better Birth by Henci Goer. Perigee, 1999.

Birthing from Within: An Extraordinary Guide to Childbirth Preparation by Pam England & Rob Horowitz. Patera Press, 1998.

The Complete Book of Pregnancy and Childbirth by Sheila Kitzinger. Knopf, 1996.

Gentle Birth Choices: A Guide to Making Informed Decisions About Birthing Centers, Birth Attendants, Water Birth, Home Birth, Hospital Birth by Barbara Harper & Suzanne Arms. Inner Traditions Intl Ltd, 1994.

Mothering the Mother: How a Doula Can Help You Have a Shorter, Easier, and Healthier Birth by Marshall H. Klaus, Phyllis H. Klaus, John Kennell. Perseus Press, 1993.

Active Birth: The New Approach to Giving Birth Naturally, Revised Edition by Janet Balaskas. Harvard Common Press, 1992.

The Breastfeeding Cafe: Mothers Share the Joys, Challenges, and Secrets of Nursing by Barbara Behrmann. University of Michigan Press, 2005.

BOOKS ABOUT BIRTH & MATERNITY CARE:

Impact of Birthing Practices on Breastfeeding: Protecting the Mother and Baby Continuum by Mary Kroeger & Linda Smith. Jones and Bartlett, 2003.

Spiritual Midwifery by Ina May Gaskin. Book Publishing Company, Fourth Edition, 2002.

Birth by Design: Pregnancy, Maternity Care, and Midwifery in North America and Europe ed by Raymond De Vries et al. Routledge, 2001.

Misconceptions: Truth, Lies, and the Unexpected on the Journey to Motherhood by Naomi Wolf. Doubleday, 2001.

Expecting Trouble: The Myth of Prenatal Care in America by Thomas Strong, Jr. New York University Press, 2000.

Guide to Effective Care in Pregnancy and Childbirth by Murray Enkin, et al. Oxford University Press, 2000.

Midwifery and Childbirth in America by Judith Rooks, S. Charles, M. D. Mahan. Temple University Press, 1997.

Obstetric Myths Versus Research Realities: A Guide to the Medical Literature by Henci Goer. Bergin & Garvey, 1995.

Care in Normal Birth: A practical guide by the World Health Organization, 1996.

Immaculate Deception II: Myth, Magic & Birth by Suzanne Arms. Celestial Arts, 1994.

Pursuing the Birth Machine: The Search for Appropriate Technology by Marsden Wagner. Australia: Ace Graphics, 1994.

Birth As an American Rite of Passage by Robbie E. Davis-Floyd. University of California Press, 1993.

Encyclopedia of Childbearing: Critical Perspectives by Barbara Katz Rothman & Donna Lee King. Onyx Press, 1992.



BirthNet

Educating the public to improve
maternity care for all women

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